



1035 W. Kimberly Rd  
Davenport, IA 52806  
www.casiseniors.org

**Jane's Place Adult Day Services**  
Mon – Fri 7:00am to 4:30pm  
Call Today! (563) 386-7477 ext. 0



September 2010

**Signs of Alzheimer's Dementia → When to Worry**

The most common symptom of Alzheimer's is usually short term memory problems. The main difference between simply forgetting and a symptom of Alzheimer's is, recall.

Everyone forgets now and then. Especially during stressful times, we can be forgetful far more often. For example, let's say that a friend calls you and the both of you decide to meet for coffee in a few days. However on that day your friend calls you a half hour after you were supposed to show up wondering where you are. You suddenly recall that you forgot about meeting your friend. If you were in the early stages of Alzheimer's disease, you may not recall talking with your friend on the phone, including making arrangements to meet with your friend.

Alzheimer's dementia, like any other disease or illness, may have additional symptoms that point to the fact, something is wrong:

1. Personality and/or behavioral changes
2. Becoming lost within familiar environments
3. Difficulty performing usual tasks
4. Begins demonstrating poor judgment




It is not necessary to have to all of these symptoms. However any of these changes or difficulties justifies a visit with your family doctor. In addition these symptoms may be caused by a variety of health problems other than Alzheimer's, and may be easily treated if caught early. An example of treatable causes could be thyroid disease, vitamin deficiencies, hormone imbalances, medication reaction or side effects, brain tumor, and more. The treatable causes for memory loss can be plentiful. However when in doubt, see your doctor!

**Jane's Place Needs Bingo Prize Donations!**

Sugar-free candy, diabetic socks, lotions, nice shirts, simple jewelry, sweaters, microwave popcorn, fancy soaps, small bags of chips, cans of diet soda, aftershave lotions, neck ties, gift certificates, etc.



**Ask Nurse Pam to speak to your group**  
Pam will help you unlock the mystery of Alzheimer's disease!  
563-386-7477 ext. 226  
pbrammann@casiseniors.org

<p><b>CASI is sponsoring</b> <b>Genesis Flu Vaccination Clinic</b> 1035 W. Kimberly Rd Davenport, IA <b>Thursday September 23, 2010</b> <b>8:00am – 3:00pm</b> Flu Clinic Questions? Call (563) 386-7477 ext. 0</p>	
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